Workplace Flexibility and On Ramp Resources

If you are a professional and are exploring flexible career paths, or wanting to return to work after taking time off from your career, the following resources may be of value to you. For a more complete set of resources, please visit our website at www.flexibilityalliance.org

University On Ramp Programs

Dartmouth's Back In Business Program - a 3 long weekend, (11 day) program in Hanover New Hampshire and New York, New York for MBAs from leading schools who have left the workforce for some time and are ready to return. Contact: Corrie Martin <u>corrie.w.martin@dartmouth.edu</u>. http://www.tuck.dartmouth.edu/exec/targeted_audiences/back_in_business.html

Harvard Business School's A New Path Program - a 6 day program in Boston for alumnae of Harvard University and certain other leading MBA programs, who have taken time out from their careers and are planning to return to the workforce. Contact: Jennifer Craig, executive_education@hbs.edu http://www.exed.hbs.edu/redirects/path_alum/index.html

Harvard's Charting Your Course, Developing Options that Work Program - a 2 day program in Boston for Alumnae of Harvard University and certain other leading MBA programs, who have taken time out from their careers and are planning to return to the workforce.

Contact: Julie Holunga jholunga@hbs.edu. http://www.alumni.hbs.edu/lifelong_learning/alumni_programs/cyc.html

Stanford Graduate School of Business -

a 7 week leadership program in Palo Alto for MBAs from Stanford and certain other leading MBA programs who have stepped out of their careers and plan to reenter. Contact: <u>Erica Richter richter erica@gsb.stanford.edu.</u> <u>https://alumni.gsb.stanford.edu/backtoschool/</u>

Wharton's Career Comeback Program: A UBS Fellowship Program for

Professional Women Reentering the Workforce - a 3 day program in Philadelphia and New York City for female MBAs and women with advanced degrees who are returning to the workforce after a career break. This highly-selective program is offered at no charge to qualified applicants through funding from UBS. http://executiveeducation.wharton.upenn.edu/oe/program_info.cfm?ProgID=78A1E8 1A-1372-4CAF-887280E607596620 UC Hastings' Opting Back In and Forging Ahead, A Program for Attorneys who left Law for a Year or More and want to Return to Practice. A 4 week program, 2 hours per week, in San Francisco for attorneys returning to the law profession. Contact: Linda Marks marksl@uchastings.edu

Babson College's Act II Stepping Back Into the Workforce Program near Boston, a program for women who have stepped out of the workforce and want hands-on skills and proven strategies for entering the workforce wisely. Contact: Jan Shubert <u>jshubert@babson.edu</u> http://www3.babson.edu/CWL/events/Act-II-Stepping-Back-Into-the-Workforce.cfm

Pepperdine University's Morning MBA Program, in the Los Angeles area accommodates stay at home moms that are interested in pursuing an MBA while children are in school among other audiences. http://www.bschool.pepperdine.edu/programs/morningmba/

Web Resources & Online Communities

The Flexibility Alliance – A West Coast organization and the authors of this resource and the "Profiles in Flex Success Report" offering a website with links to a full set of resources for professionals interested in creating flexible careers. www.flexibilityalliance.org

Back on the Career Track - The website from the authors of the new book "Back on the Career Track, a Guide for Stay at Home Moms who Want to Return to Work". These Harvard alumnae authors are frequent speakers on returning to the workforce. http://www.backonthecareertrack.com

Lawyers Life Coach – A web resource for female lawyers by personal and career coach Ellen Ostrow, Ph.D. www.lawyerslifecoach.com

JobsandMoms – Career Coach, Nancy Collamer's website with a variety of resources including a for fee toolkit for women returning to work after taking time off from their careers. <u>www.jobsandmoms.com</u>

Sharegoals – A website with resources for job sharing pairs including for fee assessments of job share compatibility and training events. www.sharegoals.com

MomMD – A webportal for women and mothers in the medical field with a variety of resources including active chat groups on various topics, including a chat group with flexible job opportunities. <u>www.mommd.com</u>

WorksforMe (Bay Area) – A Yahoo group with more than 500 members in the Bay Area focused on family friendly work arrangements where members share flexible job opportunities and share resources for members running their own businesses. worksforme@yahoogroups.com

WorkOptions – A website with high quality for fee workplace flexibility proposal templates. <u>www.workoptions.com</u>

MommyTrack'd.com – A high quality eZine for professional mothers with a weekly email distribution and entertaining and thought provoking content, including a work your way section on alternative work arrangements, and a newsdesk section that offers links to the mommy articles that are all the buzz. <u>www.mommytrackd.com</u>

Career Consultants & Coaches

Nancy Collamer, M.A. – The author of the Jobs and Moms website, and professional career coach for mothers offering services over the phone. <u>www.jobsandmoms.com</u>

Sherry Appel Lassila – A Bay Area career coach who leads groups for Stanford MBA and other mothers planning to return to work. Momsgroups @speakeasy.net (remove spaces)

Susan Bernstein – of Work from Within - A Bay Area career coach who has worked with a number of mothers returning to work. <u>www.workfromwithin.com</u>

Ellen Ostrow, Ph.D. – of Lawyers Life Coach – Offers personal and career coaching for women lawyers. <u>www.lawyerslifecoach.com</u>

Women's Business Networking Groups

85 Broads – Originally founded as an independent network for current and former Goldman Sachs women professionals, today 85 Broads connects and empowers a dynamic and diverse community of 16,000 high potential women members around the globe. <u>www.85broads.com</u>

FlexExecs Network – A networking and leadership group forming for senior professionals working flexibly. Contact Amy Nassisi at the Flexibility Alliance for more information. <u>www.flexibilityalliance.org</u>

Flex Time Lawyers - A networking group for lawyers working part time with meetings in Philadelphia and New York City. <u>www.flextimelawyers.com</u>

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MAMAS (Mentoring Association of Mother Attorneys in Seattle) – Co-Founded by a partner in Heller Ehrman's Seattle office, this group of 2000 or so mother attorneys organizes monthly mom and child play based events, as well as monthly lunch meetings on various topics for mother attorneys. <u>www.mamaseattle.org</u>

Women In Consulting (Bay Area) – Women in Consulting is a non-profit affiliation of business consultants. Their dual mission is to provide companies seeking consultant talent with access to top tier consultants, and to provide a forum for consultants to share information and effectively manage and grow their consulting practices. <u>http://www.womeninconsulting.org/</u>

Women in Technology – a networking group for women in the technology industry. <u>www.witi.org</u>

National Association of Women MBAs - A networking group for female MBAs. <u>http://www.mbawomen.org/site/PageServer</u>

On Ramp & Flexible Work Opportunities

Corporate Alumni & On Ramp Recruiting Programs

Amex's alumni program – invites Amex alumni that have stepped out of their careers for some time to participate in regular brainstorming events with company executives and offers consulting and part time employed opportunities including coveted Special Projects Roles with company executives to this group in an attempt to keep re-engage them with the company.

Booz Allen's Adjunct Program – allows alumni of the firm that are stepping out of their careers for some time, to stay connected to the firm through regular events, and training opportunities, and offers part time consulting opportunities to this corps of "Adjuncts".

Deloitte and Touche's Personal Pursuits Program - an alumni program designed to keep talented individuals that are stepping out of their careers for some time connected with the firm through events, training and networking opportunities in hopes that they will return to the firm when ready.

Goldman Sachs' New Directions Program – This program to re-attract senior level women from the financial services industry who have opted out of the workforce for 3-5 years to the firm.

IBM's alumni program – allows any regular employee to leave for up to three years, for a variety of reasons, and return to an equivalent job. About 7,700 of the company's U.S. employees have participated to date.

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Lehman Brothers' Encore Program - A groundbreaking program in several geographies to re-attract senior level women from the financial services industry who have opted out of the workforce for less than 3 years to the firm.

McKinsey and Company – has started a new program that offers smaller consulting projects from firm clients to McKinsey alumni that are now working independently.

Price Waterhouse Cooper's Full Circle Program – an alumni program designed to keep new mothers "connected" with the firm for up to five years while they are home raising their children or providing care for elderly relatives, in hopes that they will return to the firm when ready.

Consultant Placement Firms (that work with Part Time Candidates):

Aquent Marketing – A marketing staffing firm specializing in placing senior marketing and creative talent in consulting placements with top companies. <u>http://www.aquent.com/</u>

Axiom Legal – A legal consultant placement firm specializing in placing senior legal talent in consulting placements with top companies. http://www.axiomlegal.com/flash_content/index.html

The Business Talent Group – A premier consultant placement firm specializing in placing senior talent in consulting and interim executive placements with top companies nationwide. <u>http://businesstalentgroup.com/index.html</u>

DreamJobs – A Texas based jobs board and talent database that is a source for MBA and MBA equivalent level flexible career and consulting opportunities, and MBA and MBA equivalent level talent seeking flexible work arrangements in Texas and nationwide. <u>www.dreamjobs.com</u>

Flexperience Staffing – A new Bay Area consulting placement firm placing business consultants with Bay Area companies part time. www.flexperience.com

High Tech Connect – A Bay Area consulting placement firm specializing in placing Marketing and PR consultants. <u>http://www.htconnect.com/</u>

IvyExec – A New York based jobs board that specializes in high quality full time, flex time and consulting career opportunities for MBA and MBA equivalent level candidates. <u>www.iveexec.com</u>

M2 – A Bay Area consulting placement firm placing business consultants with Bay Area companies. <u>http://www.msquared.com/</u>

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MomCorps – An Atlanta based agency specializing in placing professionals in part time consulting and employed placements with Atlanta, DC and New York firms. <u>http://www.momcorps.com/newsletter_sign_up/dsp_newsletter_thank_you.cfm</u>

Paragon Legal – A Bay Area based legal placement firm specializing in placing senior legal talent in consulting placements with top companies. www.paragonlegal.com

Ten 'til Two - A franchised placement agency serving Colorado and several other metropolitan areas, specializing in part time administrative and professional placements. <u>http://www.tentiltwo.com/</u>

Allyis – A Pacific Northwest consultant placement firm specializing in technology consulting placements and outsourced project management with Seattle employers with an emphasis on product management, product marketing and engineering placements. <u>http://www.allyis.com/default.aspx</u>

On Ramp & Flex Recruiters:

The Flexibility Alliance – A West Coast organization and the authors of this report. Our FlexJobs email list distributes flexible work and consulting opportunities to wide audience in the San Francisco Bay Area and beyond. <u>www.flexibilityalliance.org</u>

FlexDocs – Recruiters specializing in placing doctors and surgeons in part time positions in the Medical field. <u>www.flexdocs.com</u>

Flexible Resources – An East Coast Recruiting firm specializing in placing professionals in permanent part time positions and interim placements with top area employers. <u>www.flexibileresources.com</u>

Jobs and Moms – Nancy Collamer's career consulting website includes a flexible jobs board with postings that range from administrative to professional postings. <u>www.jobsandmoms.com</u>

Quest for Balance– A Seattle Area firm that is placing professional candidates in employed part time and flexible positions with local companies. <u>http://www.questforbalance.net/talent_overview%20NEW.htm</u>

Third Avenue Consulting – A new Bay Area recruiting firm working with companies to place candidates in permanent part time positions with local firms. <u>www.thirdavenueconsulting.com</u>

Women @ **Work Network** – A New York Based agency placing professionals in employed and contract part time positions with top area employers. <u>http://www.womenatworknetwork.com/</u>

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Books and Reports

'Back on the Career Track, a Guide for Stay at Home Moms who Want to Return to Work' – a new book by Carol Fishman Cohen and Vivian Steir Rabin. <u>www.backonthecareertrack.com</u>

'Comfortable Chaos: Forget ''Balance'' and Make Career and Family Choices That Work for You'- a book by **Carolyn S. Harvey, Beth E. Herrild.** <u>www.questforbalance.com</u>

Flex Success Profiles – a new report by the Flexibility Alliance, shares the stories of and offers advice from more than 15 executives that have flexed their careers and stayed on track for leadership and career success. <u>www.flexibilityalliance.org</u>

Job Sharing: Two Heads Are Better than One (Making It Happen series) – a book by Mary O'Hanlon & Angela Morella.